1 Hour

SESSION XXII

OVERVIEW OF SIGNS AND SYMPTOMS

SESSION XXII OVERVIEW OF SIGNS AND SYMPTOMS

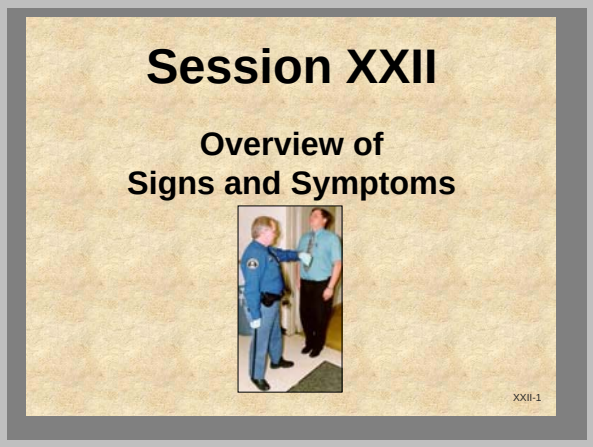
Upon successfully completing this session the student will be able to:

- Describe the possible effects that may be observed in each major indicator of drug impairment.
- Identify the effects that will most likely be observed with subjects under the influence of each drug category.

CONTENT SEGMENTS	LEARNING ACTIVITIES
A. The Major Indicators and their Possible Effects	▪ Instructor-Led Presentations
B. Effects Associated with the Drug Categories	▪ Interactive Discussions

I. OVERVIEW OF SIGNS AND SYMPTOMS

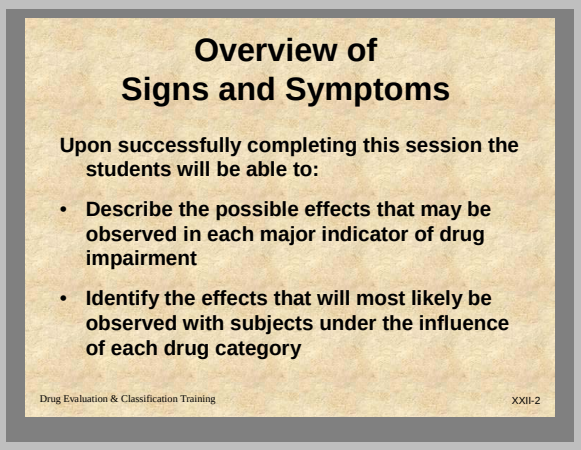
Session 22-1: Overview of Signs and Symptoms



PRIOR TO THE START OF THIS SESSION, DRAW THE FOLLOWING MATRIX ON THE DRY ERASE BOARD OR FLIP-CHART:

	POSSIBLE EFFECTS	DEPRESS	STIMUL	HALLUC	D/A	NARCOT	INHAL	CANNABIS
HGN								
VGN								
LACK CONV								
PUPIL SIZE								
REACT LIGHT								
PULSE RATE								
BLOOD PRESS								
TEMP								
MUSCLE TONE								

Session 22-2: Overview of Signs and Symptoms



Briefly review the objectives, content and activities of this session.

A. The Major Indicators and their Possible Effects

Major Indicators of Drug Impairment

The major indicators of drug impairment are (point to the major indicators on the matrix):

- Horizontal Gaze Nystagmus
- Vertical Gaze Nystagmus
- Lack of Convergence
- Pupil Size
- Reaction to Light
- Pulse Rate
- Blood Pressure
- Body Temperature
- Muscle Tone

Point out that the first five major indicators concern the eyes and that three of the last four major indicators concern the vital signs.

Announce to the students: "we will now review all of the possible effects that we might observe with each major indicator."

Possible Effects: HGN

Possible effects that might be observed with **Nystagmus**. With Horizontal Gaze Nystagmus, there are only two possible effects that might be observed.

- Either HGN will be **present**;
- Or it will be **none**.

Under the "Possible Effects" column of the matrix, opposite "HGN," write:

PRESENT
OR
NONE

Point out that there is no drug that stops Horizontal Gaze Nystagmus. Some drugs cause HGN to be present, others do not; but there is no drug that "cures" HGN.

Possible Effects: VGN

Ask students: What are the possible effects we might observe with Vertical Gaze Nystagmus?

With Vertical Gaze Nystagmus, there are also only two possible effects.

- Either it will be **present**;
- Or it will be **none**.

Opposite "VGN," write:

PRESENT
OR
NONE

Possible Effects: LOC

Ask students: What effects might we observe with Lack of Convergence?

For **Lack of Convergence**, there are also only two possible effects.

- Either Lack of Convergence will be **present**;
- Or it will be **none**.

Opposite "Lack Conv," write

PRESENT
OR
NONE

Point out that, when we say that "Lack of Convergence is present," we mean that the eyes are unable to converge or cross properly.

Just as with Nystagmus, there is no drug that "cures" Lack of Convergence.

Possible Effects: Pupil Size

Now ask students: What effects might we observe with Pupil Size?

For **Pupil Size**, there are three possible effects that might be seen.

- The pupils might be **normal** of size;
- Or, the pupils might be **dilated**;
- Or, they might be **constricted**.

Opposite "Pupil Size," write:

NORMAL
OR
DILATED
OR
CONSTRICTED

Possible Effects: Reaction to Light

Ask students: What effects might we observe with the pupils' reaction to light?

There are a number of effects that might be observed in the pupils' **Reaction to Light**.

- The pupils might react in a **normal** manner, i.e. by constricting somewhat in one second or less.

- Or, the pupils might react **slow**, i.e. by constricting somewhat, but requiring more than one second to do so.

Opposite "React Light," write:

NORMAL
OR
SLOW
OR
LITTLE TO NONE VISIBLE

Point out that we should not report that the "pupils did not react at all," but rather we should report "no visible reaction."

In some instances, you may observe very little, or no visible reaction to light. If there is a visible reaction of the pupils, it is possible that Rebound Dilation was seen.

Possible Effects: Vital Signs

For each of the **Vital Signs**, there are three possible effects.

- The pulse rate, or blood pressure, or body temperature could be **NORMAL**.
- Or, it could be **UP**;
- Or, it could be **DOWN**.

Opposite "Pulse Rate," write:

NORMAL
OR
UP
OR
DOWN

Write exactly the same things opposite "Blood Press" and "Body Temp."

Possible Effects: Muscle Tone

Ask students: What effects might we observe with muscle tone?

For **Muscle Tone**, there are three possible effects that might be seen.

- Normal
- Flaccid
- Rigid

Opposite "Muscle Tone," write:

NORMAL
OR
FLACCID
OR
RIGID

Solicit students' comments and questions about the possible effects of the eight major indicators.

B. Effects Associated with the Drug Categories

CNS Depressants

Ask for a student to volunteer to state the major effects that usually will be seen in a suspect under the influence of a **CNS Depressant**. Correct the students' statements, as necessary, and **write** the correct effects on the matrix, under the Depressant column.

- HGN: **present**
- VGN: **present** (i.e. at high doses for that individual)

- Lack of Convergence: **present**
- Pupil Size: **normal** <u>except</u> Soma, Quaaludes (Methaqualone) and some anti-depressants usually dilate pupils.
- Reaction to Light: **slow**
- Pulse Rate: **down** <u>except</u> Quaaludes (Methaqualone), ETOH and possibly some anti-depressants may **elevate**.
- Blood Pressure: **down**
- Body Temperature: **normal**
- Muscle Tone: **flaccid**

Emphasize that these are the usual major effects that will be observed with CNS Depressants, but we cannot always be certain that all of these effects will be seen.

Thank the "volunteer" student for their help.

<u>CNS Stimulants</u>

Pick another volunteer to state the usual major effects of **CNS Stimulants**. Correct the student's statements as necessary, and **write** the correct effects under the "Stimul" column.

- HGN: **none**
- VGN: **none**
- Lack of Convergence: **none**
- Pupil Size: **dilated**
- Reaction to Light: **slow**
- Pulse Rate: **up**
- Blood Pressure: **up**
- Body Temperature: **up**
- Muscle Tone: **rigid**

Emphasize that these are the effects **usually** seen with CNS Stimulants, but we can't guarantee that all of these effects will be observed in each and every case.

Thank the "volunteer" student for his or her help.

Hallucinogens

Select another volunteer to help with identifying the usual major effect of **Hallucinogens**.

- HGN: **none**
- VGN: **none**
- Lack of Convergence: **none**
- Pupil Size: **dilated**
- Reaction to Light: **normal**, certain psychedelic amphetamines may cause slowing.
- Pulse Rate: **up**
- Blood Pressure: **up**
- Body Temperature: **up**
- Muscle Tone: **rigid**

Point out that "Reaction to Light" is the only major indicator that distinguishes Hallucinogens from CNS Stimulants, and "Reaction to Light" is a relatively subtle clue. For this reason, it can be very difficult to differentiate between these two categories.

Thank the "volunteer" for their help with Hallucinogens.

Dissociative Anesthetics

Pick another volunteer to help with **Dissociative Anesthetics**.

- HGN: **present**
- VGN: **present** (i.e. at high doses; however, it is more common to see Vertical Gaze Nystagmus in someone under the influence of a **Dissociative Anesthetic**)
- Lack of Convergence: **present**
- Pupil Size: **normal**
- Reaction to Light: **normal**

- Pulse Rate: **up**
- Blood Pressure: **up**
- Body Temperature: **up**
- Muscle Tone: **rigid**

Narcotic Analgesics

Select another volunteer to help with **Narcotic Analgesics**.

- HGN: **none**
- VGN: **none**
- Lack of Convergence: **none**
- Pupil Size: **constricted**
- Reaction to Light: **little or none visible**
- Pulse Rate: **down**
- Blood Pressure: **down**
- Body Temperature: **down**
- Muscle Tone: **flaccid**

Thank the "volunteer" for their help with Narcotic Analgesics.

Inhalants

Select another volunteer to help with **Inhalants**. Remind the volunteer that, with Inhalants, many of the effects noted on the major indicators will depend upon the specific substance inhaled.

- HGN: **present**
- VGN: **present** (high dose for that individual)
- Lack of Convergence: **present**
- Pupil Size: **normal but may be dilated**
- Reaction to Light: **slow**

- Pulse Rate: **up**
- Blood Pressure: **up/down** (the Volatile Solvents and the Aerosols usually cause blood pressure to be above normal; but the Anesthetic Gases can cause blood pressure to be below normal, even though they elevate the pulse rate)
- Body Temperature: **up/down/normal**
- Muscle Tone: **normal or flaccid**

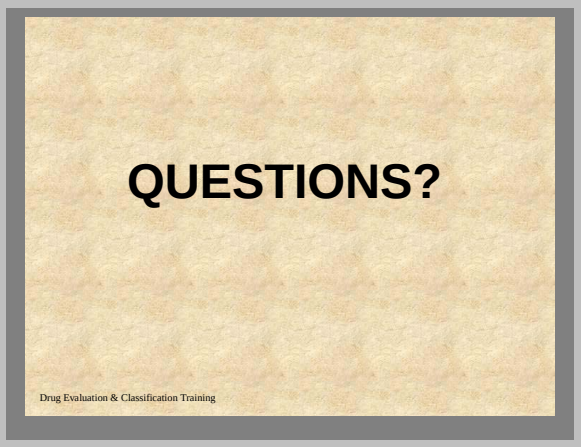
Cannabis

Select another volunteer to help with **Cannabis**.

- HGN: **none**
- VGN: **none**
- Lack of Convergence: **present**
- Pupil Size: **dilated or possibly normal**
- Reaction to Light: **normal**
- Pulse Rate: **up**
- Blood Pressure: **up**
- Body Temperature: **normal**

Thank the "volunteer" for their help with Cannabis.

Session 22-3: Questions



Solicit students' comments or questions about the drug categories.

Drug Symptomatology Sources

Refer students to the addendum at the end of this session; there is a small portion of the available scientific literature dealing with drug influence symptomatology. The sources are considered to be reliable sources of drug symptomatology.

Note: Literature on LOC was approved for addition into the addendum by the IACP Technical Advisory Panel (TAP), November 2008.

Stress that not all symptoms associated with a drug category will be observed in all subjects in all cases. The excerpts from the references are consistent with DRE instruction and experience.

COMPARISON OF DRE SYMPTOMATOLOGY WITH CROSS SECTION OF DRUG SYMPTOMATOLOGY SOURCES

CNS DEPRESSANTS:

DRE Symptomatology:

Nystagmus	decreased pulse
decreased blood pressure	uncoordinated
disoriented	sluggish
thick slurred speech	drunk-like appearance

The Pharmacological Basis of Therapeutics, Seventh Edition, Gilman, A,; Goodman, I.; MacMillan Publishing Co. 1985, Barbiturates, pages 546-547:

Nystagmus	Strabismus
difficulty in visual accommodation	
vertigo	ataxia gait
positive Romberg sign	Hypotonia
Dysmetria	Diplopia
sluggishness	difficulty in thinking
slowness, slurring of speech	poor comprehension
poor memory	faulty judgement
emotional lability	

A Primer of Drug Action, Julien, Robert M. W.H. Freeman and Company, New York, 8 Ed. 1997.

Drug and Alcohol Abuse, A Clinical Guide to Diagnosis and Treatment, (3rd Ed. , Schuckit, M.D., Mark A. Plenum Medical Book Co, New York 1989. p.19.

Encyclopedia of Drug Abuse, O'Brien, Robert; Cohen, Sydney. M.D. Facts on File, INC New York (1984), page 36: barbiturates effects like alcohol (staggering, poor motor control).

Drug Abuse and Dependence, Grinspoon, Lester,MD; Bakalar,James B., Harvard Medical School Mental Health Review No. 1 (1990), page 11: sedative hypnotics same as alcohol and other depressants

Drugs of Abuse, Giannini, A. James, M.D.; Slaby, Andrew E. M.D., Ph.D. Medical Economics Books, Oradell, New Jersey (1989), page 72: Benzodiazepines same as barbiturate effects; pages 247; 292): Barbiturates:

Nystagmus	depressed pulse
depressed blood pressure	diminished concentration
incoordination	decreased reaction time

Manual of Drug and Alcohol Abuse, Guidelines for Teaching in Medical and Health Institutions, ed Arif, Awni. M.D., Westermeyer, Joseph, M.D.. Ph.D..D Plenum Medical Book Company, New York (1988), p. 135.

Diagnostic and Statistical Manual of Mental Disorders (Third Ed, Revised), American Psychiatric Association (1987), p. 159

Maladaptive behavioral changes, e.g., disinhibition of sexual or aggressive impulses, mood lability, impaired judgment, impaired social or occupational functioning.

slurred speech	incoordination
unsteady gait	impairment in attention or memory

CNS STIMULANTS:

DRE Symptomatology:

dilated pupils	increased pulse rate
increased temperature	increased blood pressure
body tremors	restlessness
excited	euphoric
talkative	exaggerated reflexes
anxiety	grinding teeth
redness to nasal area	runny nose
loss of appetite	insomnia
increased alertness	

The Pharmacological Basis of Therapeutics, Seventh Edition,

Gilman, A,; Goodman, I.; MacMillan Publishing Co. 1985, Cocaine 551-554

Medical Toxicology-Diagnosis and Treatment of Human Poisoning, Ellenhorn, Matthew J., Barceloux, Donald G. Elsevier Science Pub. Co. 1988, Amphetamines, Page 634:

Mild influence:

Mydriasis	hyperreflexia
restlessness	talkativeness
irritability	insomnia
tremor	flushing
Diaphoresis	combativeness
nausea	vomiting
pallor	dry mucous membranes

Moderate:

hyperactivity	confusion
hypertension	Tachypnea
Tachycardia	premature ventricular contraction
chest discomfort	vomiting
abdominal pain	Profuser Diaphoresis
mild temperature	
elevation	impulsivity
repetitive behavior	hallucinations
panic reactions	

Serious:

delirium	marked Hypertension/Tachycardia
Hyperreflexia	convulsions
Hypotension	coma

Cocaine, page 650-659

Early Stimulation:

euphoria	Garrulity
excitement	apprehension
irritable behavior	Mydriasis
sudden headache	nausea
vomiting	dizziness
twitching of small muscles	tics
tremor	jerks
Cocaine Psychosis	hallucinations
elevation of pulse	increased respiration

Advanced:

convulsions	Hyperreflexia
decreased consciousness	increased pulse and blood pressure

Later Stages:

Hypotension	Hypothermia
Dyspnea et al	

A Primer of Drug Action, Julien, Robert M. W.H. Freeman and Company, New York, 1992, pages 120-123: Amphetamines and cocaine (CNSS):

dilation of pupils	increased blood pressure
slight tremor	restlessness
agitation	possibly hallucinations

Drug and Alcohol Abuse, A Clinical Guide to Diagnosis and Treatment, (3rd Ed. , Schuckit, M.D., Mark A. Plenum Medical Book Co, New York 1989, page 99: CNSS cause:

dilation of pupils	rapid heart rate
elevation of blood pressure	tremor in hands
increased body temperature	restlessness

Encyclopedia of Drug Abuse, O'Brien, Robert; Cohen, Sydney. M.D. Facts on File, INC New York (1984), pages 25, 121: Amphetamine:

dilation of pupils	increase heart rate
blood pressure	flushing
teeth grinding	dry mouth
tremors	lack of coordination

pages 64, 100, 121:

dilation of pupils	increased heartbeat
increased temperature	similar to Amphetamine

Drug Abuse and Dependence, Grinspoon, Lester,MD; Bakalar,James B., Harvard Medical School Mental Health Review No. 1 (1990), pages 8 and 10 Cocaine and Amphetamine:

dilated pupils	increased pulse
increased blood pressure	vasoconstriction
agitation tremors	increased temperature

Drugs of Abuse, Giannini, A. James, M.D.; Slaby, Andrew E. M.D., Ph.D. Medical Economics Books, Oradell, New Jersey(1989), page 29 Amphetamines:

pupil dilation (Mydriasis)	increased pulse rate
elevated blood pressure	hyperactive
talkative	irritable
restless	Anorexia
tremors	urinary retention
teeth grinding (Bruxism)	fidgety, jerky, random motions
illogical, loose thoughts	

Page 295: Cocaine:

dilated pupils	Tachycardia
increased blood pressure	vasoconstriction
Hyperpyrexia	

Manual of Drug and Alcohol Abuse, Guidelines for Teaching in Medical and Health Institutions, ed Arif, Awni. M.D., Westermeyer, Joseph, M.D.. Ph.D..D Plenum Medical Book Company, New York (1988) page 142: Amphetamine:

increased pulse	increased blood pressure
possibly increased temperature	increased wakefulness
general increase in psychomotor activity	

page 145: Cocaine

Mydriasis (dilated pupils);	may cause psychosis
euphoria	agitation

Diagnostic and Statistical Manual of Mental Disorders (Third Ed, Revised), American Psychiatric Association (1987), p. 142.

COCAINE:
Maladaptive behavioral changes, e.g., euphoria, fighting, grandiosity, hyper-vigilance, psychomotor agitation, impaired judgment, impaired social or occupational functioning.

pupillary dilation	Tachycardia
elevated blood pressure	perspiration or chills
nausea or vomiting	visual or tactile hallucinations

AMPHETAMINE:
Maladaptive behavioral changes, e.g., fighting, grandiosity, hyper-vigilance, psychomotor agitation, impaired judgment, impaired social or occupational functioning.

pupillary dilation	Tachycardia
elevated blood pressure	perspiration or chills
nausea or vomiting	

HALLUCINOGENS:

DRE Symptomatology:

dilated pupils	increased pulse rate
increased blood pressure	increased temperature
dazed appearance	body tremors
Synesthesia	hallucinations
paranoia	uncoordinated
nausea	disoriented
difficulty in speech	perspiring
poor perception of time/distance	

The Pharmacological Basis of Therapeutics, Seventh Edition, Gilman, A,; Goodman, I.; MacMillan Publishing Co. 1985, LSD and Related Drugs, page 564

pupillary dilation	increased blood pressure
Tachycardia	Hyperreflexia
tremor	nausea
Piloerection	muscular weakness
increased body temperature	hallucinations
Hyper vigilance	Synesthesia
loss of boundaries	

Medical Toxicology-Diagnosis and Treatment of Human Poisoning, Ellenhorn, Matthew J., Barceloux, Donald G. Elsevier Science Pub. Co. 1988, LSD, pages 667-669:

pupillary dilation	increased heart rate
increased body temperature	Piloerection
weakness	tremor
Hyperreflexia	Ataxia
hallucinations	depersonalization
poor judgment	mood swings

A Primer of Drug Action, Julien, Robert M.; W. H. Freeman and Company, New York, 1992

Drug and Alcohol Abuse, A Clinical Guide to Diagnosis and Treatment, (3rd Ed.), Schuckit, M.D., Mark A. Plenum Medical Book Co, New York 1989 page 160:

dilated pupils	increased blood pressure
increased awareness	faltered body images
sensory input	fine tremor
flushed face	increased body temperature

Encyclopedia of Drug Abuse, O'Brien, Robert; Cohen, Sydney. M.D. Facts on File, Inc New York (1984), pages 100; 115 120, 153): Hallucinogens:

dilated pupils	increased heart rate
increased blood pressure	increased temperature
profuse perspiration	loss of appetite
hallucinations	

Drug Abuse and Dependence, Grinspoon, Lester,MD; Bakalar,James B., Harvard Medical School Mental Health Review No. 1 (1990)

Drugs of Abuse, Giannini, A. James, M.D.; Slaby, Andrew E. M.D., Ph.D. Medical Economics Books, Oradell, New Jersey (1989), page 218: LSD:

Ataxia	high blood pressure
Hyperreflexia	incoordination
Tachycardia	

Manual of Drug and Alcohol Abuse, Guidelines for Teaching in Medical and Health Institutions, ed Arif, Awni. M.D., Westermeyer, Plenum Medical Book Company, New York (1988)

Diagnostic and Statistical Manual of Mental Disorders (Third Ed, Revised), American Psychiatric Association (1987), p. 145.

Maladaptive behavioral changes, e.g., marked anxiety or depression, ideas of reference, fear of losing one's mind, paranoid ideation, impaired judgment, impaired social or occupational functioning.

Perceptual changes occurring in a state of full wakefulness and alertness, e.g., subjective intensification of perceptions, depersonalization, derealization, illusions, hallucinations, Synesthesia

pupillary dilation	Tachycardia
sweating	palpitations
blurring of vision	tremors
incoordination	

DISSOCIATIVE ANESTHETICS (PHENCYCLIDINE)

DRE Symptomatology:

Nystagmus	increased pulse
increased blood pressure	increased temperature
perspiring	warm to the touch

blank stare	early onset of nystagmus
"moon walking"	difficulty in speech
incomplete responses	repetitive response
repetitive speech	increased pain threshold
cyclic behavior	confused, agitated
hallucinations	possibly violent and combative

The Pharmacological Basis of Therapeutics, Seventh Edition, Gilman, A,; Goodman, I.; MacMillan Publishing Co. 1985, PCP, page 565-567

Nystagmus	elevated heart rate
elevated blood pressure	feeling of intoxication
staggering gait	slurred speech
numbness of extremities	sweaty
muscular rigidity	blank stare
drowsiness	hostile behavior
repetitive movements	

Medical Toxicology-Diagnosis and Treatment of Human Poisoning, Ellenhorn, Matthew J., Barceloux, Donald G. Elsevier Science Pub. Co. 1988, PCP 768-777:

Nystagmus	Miosis
depressed light reflexes	blurred vision
diminished pain	Ataxia
tremors	muscle weakness
slurred speech	drowsiness
increased pulse rate	increased blood pressure
Amnesia	anxiety/agitation
body image distortion	euphoria
depersonalization	disordered thought processes
hallucinations	

A Primer of Drug Action, Julien, Robert M. W.H. Freeman and Company, New York, 1997, page 262: PCP:

increased blood pressure	blank stare
disinhibition	mood swings
muscle rigidity	agitation
delirium excitement	disorientation
hallucinations	analgesia
speech difficulty	pain tolerance
elevated blood pressure	

Drug and Alcohol Abuse, A Clinical Guide to Diagnosis and Treatment, (3rd Ed.), Schuckit, M.D., Mark A. Plenum Medical Book Co, New York 1989 p. 178

sweating	muscle rigidity
fever convulsions	increased blood pressure

Encyclopedia of Drug Abuse, O'Brien, Robert; Cohen, Sydney. M.D. Facts on File, INC New York (1984), page 100, 208: PCP:

Nystagmus	increased blood pressure
increased pulse rate	flushing
mood swings	hallucinations
changes in body awareness	speech difficulties
violent behavior	decreased responsiveness

Drug Abuse and Dependence, Grinspoon, Lester, M.D.; Bakalar, James B., Harvard Medical School Mental Health Review No. 1 (1990), page 25: PCP:

body image distortions	increased blood pressure
Nystagmus	muscle rigidity
loss of muscle control	incoherent speech
memory loss drooling	blank stare

Drugs of Abuse, Giannini, A. James, M.D.; Slaby, Andrew E. M.D., Ph.D. Medical Economics Books, Oradell, New Jersey(1989) page 296: PCP:

Nystagmus	disorientation
hallucination	extreme agitation
loss of motor control	disassociation from
automated speech	environment
Nystagmus at rest	

Manual of Drug and Alcohol Abuse, Guidelines for Teaching in Medical and Health Institutions, ed Arif, Awni. M.D., Westermeyer, Joseph, M.D. Ph.D.D Plenum Medical Book Company, New York (1988), page 156: PCP:

Ataxia	tremors,
muscular hypertonicity	Hyperreflexia
Ptosis	Tachycardia
Horizontal Gaze, Vertical Gaze	
and Rotary Nystagmus	
elevated blood pressure	
mood swings	

Diagnostic and Statistical Manual of Mental Disorders (Third Ed, Revised), American Psychiatric Association (1987), p. 155.

Maladaptive behavioral changes, e.g., belligerence, assaultiveness, impulsiveness, unpredictability, psychomotor agitation, impaired judgment, impaired social or occupational functioning.

Vertical or Horizontal Gaze Nystagmus
increased blood pressure or heart rate
numbness or diminished responsiveness to pain.

Ataxia
Dysarthria (slurred speech)
muscle rigidity
seizures
Hyperacusis

NARCOTICS:

DRE Symptomatology:

constricted pupils	decreased pulse rate
decreased blood pressure	decreased temperature
Ptosis (droopy eyelids)	"on the nod"
drowsiness	depressed reflexes
low, raspy speech	dry mouth
facial itching	euphoria
fresh puncture marks	

The Pharmacological Basis of Therapeutics, Seventh Edition, Gilman, A,; Goodman, I.; MacMillan Publishing Co. 1985, Opiods page 541-545

Medical Toxicology-Diagnosis and Treatment of Human Poisoning, Ellenhorn, Matthew J., Barceloux, Donald G. Elsevier Science Pub. Co. 1988; Heroin, pages 702-703. See also Methadone, Demerol, etc.:

A Primer of Drug Action, Julien, Robert M. W.H. Freeman and Company, New York, 1997: Morphine:

constructed pupils	decreased blood pressure
drowsiness	Dysphoria
mental clouding	sedation
depressed respiration	Analgesia
euphoria	

Drug and Alcohol Abuse, A Clinical Guide to Diagnosis and Treatment, (3rd Ed., Schuckit, M.D., Mark A. Plenum Medical Book Co, New York 1989

Decrease pain (p.6)

Encyclopedia of Drug Abuse, O'Brien, Robert,Cohen, Sydney. M.D. Facts on File, INC New York (1984) page 100, 120, 123, 124: Narcotics:

constricted pupils	reduced heart rate
Analgesia	depressed appetite
euphoria	going "on the nod"

Drug Abuse and Dependence, Grinspoon, Lester,MD; Bakalar,James B., Harvard Medical School Mental Health Review No. 1 (1990), page 14: Narcotics:

constricted pupils	"nodding off"

dreamy state	pain suppression
euphoria	

Drugs of Abuse, Giannini, A. James, M.D.; Slaby, Andrew E. M.D., Ph.D. Medical Economics Books, Oradell, New Jersey (1989) page 293 - 294:

Miosis (constricted pupils)	Bradycardia
Hypothermia	(decreased heart beat)
decreased temperature)	euphoria/dysphoria
drowsiness lethargy	confusion
flaccid muscle tone	depressed respiration
Analgesia	

Manual of Drug and Alcohol Abuse, Guidelines for Teaching in Medical and Health Institutions, ed Arif, Awni. M.D., Westermeyer, Joseph, M.D.. Ph.D..D Plenum Medical Book Company, New York (1988), page 132

Miosis (constricted pupils)	low blood pressure
itching	flushing sweating

Diagnostic and Statistical Manual of Mental Disorders (Third Ed, Revised), American Psychiatric Association (1987), p. 152.

Maladaptive behavioral changes, e.g., initial euphoria followed by apathy, dysphoria, psychomotor retardation, impaired judgment, impaired social or occupational functioning.

pupillary constriction	drowsiness
slurred speech	impairment in attention or memory

INHALANTS: (Toluene)

DRE Symptomatology:	
Nystagmus	increased pulse rate
increased blood pressure	residue around nose
odor on mouth	nausea disorientation
slurred speech	confusion

The Pharmacological Basis of Therapeutics, Seventh Edition, Gilman, A,; Goodman, I.; MacMillan Publishing Co. 1985, Inhalants, page 567

Drug and Alcohol Abuse, A Clinical Guide to Diagnosis and Treatment, (3rd Ed. , Schuckit, M.D., Mark A. Plenum Medical Book Co, New York 1989. p. 185

decreased inhibitions	floating sensation
drowsiness	light sensitivity
sneezing runny nose	

Encyclopedia of Drug Abuse, O'Brien, Robert; Cohen, Sydney. M.D. Facts on File, INC New York (1984)

lowered inhibitions	restlessness
incoordination confusion	disorientation
nausea	impaired judgment

Drug Abuse and Dependence, Grinspoon, Lester,MD; Bakalar,James B., Harvard Medical School Mental Health Review No. 1 (1990)

Drugs of Abuse, Giannini, A. James, M.D.; Slaby, Andrew E. M.D., Ph.D. Medical Economics Books, Oradell, New Jersey(1989), pages 265, 272, 297: Toluene:

nystagmus	mental dulling
tremors cerebellar	Ataxia
rambling speech	irritability
light headedness	tremors
CNS depression that mimics Ataxia	
Narcotic Analgesics	
blank stare	
euphoric mood	

Manual of Drug and Alcohol Abuse, Guidelines for Teaching in Medical and Health Institutions, ed Arif, Awni. M.D., Westermeyer, Joseph, M.D.. Ph.D..D Plenum Medical Book Company, New York (1988)

brief euphoria
giddy intoxication, similar to alcohol
CNS depression (volatile solvents/toluene)
dizziness
Vertigo

Diagnostic and Statistical Manual of Mental Disorders (Third Ed, Revised), American Psychiatric Association (1987), p. 149.

Maladaptive behavioral changes, e.g., belligerence, assaultiveness, apathy, impaired judgment, impaired social or occupational functioning.

Nystagmus	dizziness
incoordination	slurred speech
unsteady gait	lethargy
depressed reflexes	psychomotor retardation
tremor generalized muscle	blurred vision or diplopia
stupor or coma	weakness
euphoria	

CANNABIS

DRE Symptomatology:

dilated pupils	marked reddening of conjunctivae
odor of Marijuana	debris in mouth
body tremors	eyelid tremors

relaxed inhibitions	increased appetite
paranoia	disorientation
impaired perception of time and distance	

The Pharmacological Basis of Therapeutics, Seventh Edition, Gilman, A,; Goodman, I.; MacMillan Publishing Co. 1985, Cannabis, pages 559-561

euphoria	short term memory impairment
temporal disintegration	balance and stance impairment
information processing impairment	increased hunger
dry mouth	additive to alcohol

Lower doses
affects perception, impairing well beyond when subject subjectively feels effects; alters all information processing; relatively simple motor skills unaffected

High doses:

anxiety	hallucinations
increased heart rate	increased systolic blood pressure
marked reddening of Conjunctiva	simple motor skills affected

Medical Toxicology-Diagnosis and Treatment of Human Poisoning, Ellenhorn, Matthew J., Barceloux, Donald G. Elsevier Science Pub. Co. 1988; Cannabis, page 678-681

reddening of Conjunctiva	alteration in mood
motor coordination impairment	euphoria
relaxation	sleepiness
temporal distortion (time slows)	decrease in balance, steadiness and muscle strength
impairment of motor tasks and reaction times requires higher dosages	
loss of short term memory	elective attention
systematic thinking impaired	stimulated appetite
dry mouth	

A Primer of Drug Action, Julien, Robert M. W.H. Freeman and Company, New York, 1997, Marijuana

reddening of Conjunctiva
increased blood pressure
dry mouth
altered sensory perception

Drug and Alcohol Abuse, A Clinical Guide to Diagnosis and Treatment, (3rd Ed. , Schuckit, M.D., Mark A. Plenum Medical Book Co, New York 1989, page 145: Cannabis:

red Conjunctiva	euphoria
relaxation	dry mouth

increased heart rate	possibly Nystagmus
time distortion	short term memory
impairment in ability to do multi-step tasks	tremors
decrease level of motor coordination	

Encyclopedia of Drug Abuse, O'Brien, Robert; Cohen, Sydney. M.D. Facts on File, INC New York (1984), pages 100, 120: Marijuana:

red eye	increased appetite
increased heart beat	time and space distortions
dryness of mouth and throat	increased heart rate
increased pulse rate	lack of coordination

Drug Abuse and Dependence, Grinspoon, Lester,MD; Bakalar,James B., Harvard Medical School Mental Health Review No. 1 (1990).page 19: Marijuana:

increased appetite	faster heartbeat
bloodshot eyes	confusion
agitation	incoordination
hallucinations	

Drugs of Abuse, Giannini, A. James, M.D.; Slaby, Andrew E. M.D., Ph.D. Medical Economics Books, Oradell, New Jersey(1989), page 296: Cannabis:

red Conjunctiva	increased appetite
pleasant relaxation	intensification of sensations
slowed time	passivity
apathy	Tachycardia (increased heart rate)
problems with motor coordination	

Manual of Drug and Alcohol Abuse, Guidelines for Teaching in Medical and Health Institutions, ed Arif, Awni. M.D., Westermeyer, Joseph, M.D.. Ph.D..D Plenum Medical Book Company, New York (1988), page 147: Cannabis:

red Conjunctiva	increased hunger
changes in time sense	short-term memory loss
memory	dry mouth
coordination	Tachycardia (rapid heart beat)
balance and stance	elevated systolic pressure affected

Diagnostic and Statistical Manual of Mental Disorders (Third Ed, Revised), American Psychiatric Association (1987), p. 140.

Maladaptive behavioral changes, e.g., euphoria anxiety, suspiciousness, or paranoid ideation, sensation of slowed time, impaired judgment, social withdrawal.

red Conjunctiva	increased appetite
Tachycardia (rapid heart)	dry mouth

LACK OF CONVERGENCE:

Clinical Procedures for Ocular Examination, Kurtz and Carlson; McGraw-Hill Medical, 3rd Edition, September 26, 2003.

A Recognized Clinical Trial of Treatment for Convergence Insufficiency in Children, Scheiman, Cotter, Cooper, et al, Arch Ophthalmology, Jan 2005.